

Church of the Holy Family

5900 West Lake Street ✕ St. Louis Park, MN 55416

March 8, 2009

Second Sunday of Lent

Reverend Thomas W. Dufner, Pastor
Reverend James Stromberg, Weekend Associate

Mass Times:

Sunday Masses 9:00AM and 11:00AM
Saturday Mass 5:00PM
Weekday Masses 8:00AM (Rosary 7:35AM)

Confessions:

Saturday 3:30PM to 4:50PM
Sunday 8:00AM to 8:50AM

Parish Office

952.929.0113

Staff:

Rev. Thomas Dufner	Pastor	ext. 15
June Kattar	Baptism/Marriage Prep.	ext. 14
Sharon Pero	Pastoral/Parish RN/Liturgist	ext. 13
Jean Prather	Coord. Elementary Religious Ed.	ext. 12
Elizabeth Brown	Confirmation Coord.	ext. 17
Kathy Vansickle	Controller	ext. 16
Bobbi Hanson	Bookkeeper	ext. 11
John Pero	Facilities Manager	ext. 20
Theresa Bakos	Secretary	ext. 10
Lynn Tomaszewski	Youth Minister	612.396.6890

Extensions:

LENTEN FISH FRY
 Fridays during Lent
 Serving from 4:30 to 6:30PM

STATIONS OF THE CROSS
 Fridays during Lent at 7:00PM

No Fish Fry or Stations of the Cross
 on Good Friday

Lenten Regulations

The Christian faithful are to do penance through prayer, fasting, and abstinence. They are to do works of piety and charity. All Fridays through the year are penitential days. The entire season of Lent is penitential.

Abstinence: All those 14 and older are to abstain from eating meat on Ash Wednesday and all Fridays during Lent.

Fasting: All those 18 and older, up to the beginning of their 60th year, are to fast on Ash Wednesday and Good Friday. Only one full meal is allowed on days of fast. Two other meals, sufficient to maintain strength, may be taken according to one's needs but together they should not equal another full meal. Eating between meals is not permitted, but liquids are allowed. ✕ ✕ ✕

Web Address: www.hfcmn.org **Email Address:** staff@hfcmn.org

Registration in Parish:

Required for baptism and marriage. Adults 18 and over call the parish office 952.929.0113.

Marriages:

Registered parishioners must make application 6 months prior.

Baptisms:

First Sunday of the month. Must be registered parishioners. Baptism class required. Please call 3 months in advance.

Perpetual Adoration - Jim Glover **763.533.0423**

Prayer Chain -Dona Marek, 9AM to 9PM **952.926.3130**

STEP - Emergency Program **952.925.4899**



5925 West Lake Street ✕ St. Louis Park MN 55416

Ann Coone, Principal

School Office

Web Address:

952.925.9193

www.hfamn.org

The Pastor's Page

Lent

How is Lent going for you? Today is the 2nd Sunday in Lent, and its not too late to begin doing Lenten Penance. We need to “deny ourselves, take up our cross and follow” Him. The denial of self is the core of penance which we accomplish through our prayer, penance and almsgiving. The conversion we seek is a turning away from self and toward the Lord. And so, while we want to increase our prayer, that alone will not make this a productive Lent.

Look at the self denial that God wants from you. Is it to set aside those sweets? Alcohol? Cigarettes? Could it be that TV occupies so much of your time and your thoughts that finding God is almost impossible? If that is the case, consider the following:

Psalm 23

The TV is my shepherd, I shall not want.

It makes me lie down on the sofa.

It leads me away from the Faith.

It destroys my soul.

It leads me in the path of sex and violence for the sponsor's sake.

Yea, though I walk in the shadow of Christian responsibility, there will be no interruption, for the TV is with me.

It's cable and remote control, they comfort me.

It prepares a commercial for me in the presence of my worldliness.

It anoints my head with humanism and consumerism;

my cup runneth over.

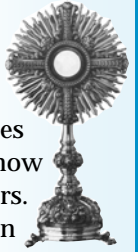
Surely laziness and ignorance shall follow me all the days of my life, and I shall dwell in the house watching TV forever.

Maybe giving up TV, or restricting it to an hour a day, is the best penance you could do. Maybe this would open the door of prayer for you and make this Lent productive.

Fr. Dufner

ADORATION NEWS

We are in great need of additional adorers. With some having job changes and others moving we now have several open hours. Please check the bulletin board outside the Chapel to see if one of them might fit your schedule. Then call Jim Glover 763.533.0423 to sign up. Thank you so much!!



YOUTH MINISTRY

CLEAN OUR CHURCH!

Saturday, March 14th- It's time to help clean our beautiful church! Come join us in helping out from 1-3PM. Let's give back to the true church that has given us so much! Contact Lee & Jennifer Flesher to sign up @ 952.546.3943

THEOLOGY A LA CARTE

Sunday, March 22nd-The topic is - “A Conversion After Columbine” and our speaker is Jenica Thornby, a Columbine survivor. We start at 6PM with food and fun, listen to the speakers, and end with some Q&A and wrap up at 8PM. It's all happening at the Youth House.

YOUR HELP IS NEEDED. . .

We are in need of volunteers to help bring residents to Mass or Communion Service, on the first and third Friday of the month, at the St. Louis Park Golden Living Nursing Home. This is a time commitment from approximately 9:25AM to 11:00AM. If you're unable to attend every time, please consider being on a “substitute list” to assist on an “as needed” basis.

Also, we are in need of help with our Branch III Ministry. This group prepares, delivers, and serves a hot meal to the homeless at the Branch III location every fourth Monday of the month. If you cannot commit every fourth Monday, please consider helping on a “substitute basis.”

Please call Sharon at 952.929.0113 Ext. 13 for more information.

40 DAYS FOR LIFE CAMPAIGN

FEBRUARY 25 -
APRIL 5, 2009

This winter from Wednesday, February 25 - Sunday, April 5 the Twin Cities will be uniting with: •204 cities in the District of Columbia, •175,000 people of all faiths and largest and longest coordinated pro-life effort of all faiths are praying that this effort will

The Campaign is made up of three key components:

- Prayer and Fasting:** inviting people of faith throughout our metro area to join together for 40 days of fervent prayer and fasting for an end to abortion, at **HealthPartners' Regions Hospital** abortion facility at 640 Jackson St., Saint Paul.
- Peaceful Vigil:** standing for life through a **40-day peaceful public witness outside HealthPartners' Regions Hospital** which houses a late-term abortion clinic performing abortions up to 20 weeks.
- Outreach:** taking a positive, upbeat pro-life message to every corner of our community through media efforts, church presentations, petition drives, and public visibility. How can you get involved? Call: **Pro-Life Action Ministries at 651-771-1500, ext. 211. www.40daysforlife.com/twincities.**

**Van Rides to Regions on
March 3, 11, 19
Call Denny @ 763.546.0921**



The Blessing of Food

Holy Saturday 11:00 am



The Blessing of Easter Food, a centuries old custom, is richly symbolic and was brought to the United States by our fore-fathers.

In earlier times, when fasting may have meant excluding meat or dairy products for the entire Lent Season, the first meal on Easter Sunday was truly a celebration. This custom has meaning even today. After a 40 day Lenten observance we arrive at Holy Week, beginning with Palm Sunday and ending with Easter. On Holy Saturday, with everything coming to a climax, we prepare to enter into the spirit of the Resurrection with enthusiasm and joy.

Families prepare the foods that will be a part of their first meal on Easter Sunday, place them in a basket, cover them with a cloth (many times embroidered with a lamb or other symbol of Easter) and bring them to the church for the priest to bless. When the basket returns home, the basket or items are set aside in the refrigerator until the next morning when they will be served in celebration of our Lord's Resurrection as a part of the first meal for the family.

Many ethnic communities celebrate this rich tradition, each in a way that has been handed down to them for generations. As you prepare your basket, refer to the table below for the types of food that you might include and their symbolism.



The following items are prepared and arranged in the basket

Meat: ham, pork, or beef (depicts the body of Jesus)

Sausage: (depicts the ropes that bound Jesus as He was taken from Gethsemane)

Bread: usually in a round shape (depicts the crown of thorns or the Bread of Life)

Horseradish Root: (represents the nails that were used to crucify Jesus)

Eggs: hard boiled; colored, or not colored (if white, symbolizes the resurrection; if red, represents the drops of Jesus' blood or even the crucifixion; the shell represents Christ's grave from which he arose)

Orange: (represents the bitter sponge that was offered to Jesus on the cross)



DECREE

In nomine Domini. Amen

I, John Clayton Nienstedt, by the grace of God and the Apostolic See, Archbishop of Saint Paul and Minneapolis, for the joyful occasion of this Jubilee Pauline Year in which the heavenly patron of this local church is honored and rightly celebrated, and which will conclude on June 29, 2009, in accord with the decree issued by the Apostolic Penitentiary on May 10, 2008, do hereby declare and decree that the Christian Faithful of the Archdiocese of Saint Paul and Minneapolis, having fulfilled the required conditions (sacramental Confession, Eucharistic Communion, prayers for the Supreme Pontiff's intentions), and in a spirit of total detachment from any inclination to sin, may benefit from a Plenary Indulgence for their sanctification when they take part devoutly in a pious public exercise in honor of the Apostle to the Gentiles, on (1) days of the solemn opening and closing of the Pauline Year in all Catholic churches and chapels in the Archdiocese and (2) other days throughout the Year of Saint Paul in the following churches designated as pilgrimage sites within the Archdiocese:

Cathedral of Saint Paul
Saint Paul, Ham Lake
Saint Paul, Zumbrota
Saint Peter and Paul, Loretto
Basilica of Saint Mary, Minneapolis
Saint Michael, Saint Michael
Saint Wenceslaus, New Prague
Saint Ambrose, Woodbury
Saint Agnes, Saint Paul
Saint Peter Claver, Saint Paul
Saint Francis de Sales, Saint Paul
All Saints Lakeville
Sacred Heart, Robbinsdale
Saint Timothy, Maple Lake
Saint Thomas the Apostle, Saint Paul

Given at Saint Paul, this 25th day of January in the Year of Our Lord 2009, the Feast of the Conversion of Saint Paul. All things to the contrary notwithstanding.

The Most Reverend John C. Nienstedt
Archbishop of Saint Paul and Minneapolis

Jennifer Haselberger, JCL, PhD
Chancellor for Canonical Affairs

✂ Weekly Calendar of Events ✂

Sunday, March 8 ~ Second Sunday of Lent

Donut/New Member

Food Drive Sunday

8:00 am Confessions

9 :00 am Mass

11:00 am Mass

Monday, March 9

8:00 am Mass

8:30 am Exercise Class (Gathering Place)

3:00 pm WOW Holy Hour (Adoration Chapel)

6:30 pm Carmel (Church/Moorman Hall)

Tuesday, March 10

8:00 am Mass

7:00 pm Fundamentals (Moorman Hall)

7:00 pm Knights of Columbus (Gathering Place)

Wednesday, March 11

8:00 am Mass

8:30 am Coffee & Rolls

9:30 am Quilting

11:45 am Exercise Class (Moorman Hall)

5:15 pm Kids Praise Too!

6:30 pm Confirmation (Moorman Hall)

6:30 pm HFC (School)

Thursday, March 12

8:00 am Mass

12:00 pm St. Monica's Bridge (Gathering Place)

7:00 pm Choir

Friday, March 13

8:00 am Mass

8:30 am Exercise Class (Gathering Place)

4:30 pm Fish Fry (Moorman Hall)

7:00 pm Stations of the Cross

Saturday, March 14

6:30 am Holy Name Society (Gathering Place)

10:00 am Rosaries for Life (Robbinsdale)

2:30 pm Baptism Class (Gathering Place)

3:30 pm Confessions

5:00 pm Mass

Sunday, March 15 ~ Third Sunday of Lent

Food Drive Sunday

8:00 am Confessions

9 :00 am Mass

11:00 am Mass



Knights of Columbus

There will be a Knights of Columbus meeting on Tuesday, March 10 at 7:15PM in the Gathering Place.

ATTENTION:

Methodist Hospital Eucharistic Ministers

Please plan to attend the Quarterly Meeting in the Inlet Room at Methodist on Thursday, March 12th at 10:00AM
Thank you, Sharon.

ALTAR & ROSARY SOCIETY NEWS



If you would like to receive e-mail updates and news about The Altar & Rosary Society please e-mail YOUR name and e-mail address to **our address: altarandrosary@gmail.com**

MESSAGES from your HOLY FAMILY HEALTH BOARD

The Holy Family Exercise Program is conducted by a Certified Fitness Instructor, and is held every Wednesday at 11:45AM in Moorman Hall. EVERYONE is welcome! Don't put it off . . . come join us and reap the many benefits of exercise. (The cost is \$5.00 per session)

TAKE ADVANTAGE OF THIS HEALTHY BENEFIT OFFERED RIGHT HERE AT HOLY FAMILY! Questions? Call Sharon 952.929.0113 Ext. 13

READINGS FOR THE WEEK

Monday: Dn 9:4b-10; Lk 6:36-38

Tuesday: Is 1:10, 16-20; Mt 23:1-12

Wednesday: Jer 18:18-20; Mt 20:17-28

Thursday: Jer 17:5-10; Lk 16:19-31

Friday: Gn 37:3-4, 12-13a; 17b-28a; Mt 21:33-43, 45-46

Saturday: Mi 7:14-15, 18-20; Lk 15:1-3, 11-32

Sunday: Ex 20:1-17 [1-3, 7-8, 12-17]; Ps 19; 1 Cor 1:22-25; Jn 2:13-25 Alternate readings (Year A): Ex 17:3-7; Ps 95; Rom 5:1-2, 5-8; Jn 4:5-42 [5-15, 19b-26, 39a, 40-42]

SAINTS AND SPECIAL OBSERVANCES

Monday: St. Frances of Rome

Friday: Abstinence

ATTENTION PARISHIONERS

All registered parish members receive contribution envelopes in the mail. Please use these envelopes for your contributions or write your envelope number on your check. Your envelope number is in the upper right hand corner of your envelope. All loose checks without an envelope number will be put into the plate collection and will not appear as a contribution on your year end statement.

Holy Family Weekly Offering

Regular Envelopes	\$17,989.16
Plate	\$ 1,810.16
Care Fund	\$ 522.18
Ash Wednesday	\$ 2,720.50

Thank You For Your Generosity!

Mass Intentions for the Week

- Mar 9 Bob & Jackie Martin
- Mar 10 Dorothy Brose †
- Mar 11 Funeral Hospitality Group
- Mar 12 Bishop Peter Thuruthikonam
- Mar 13 Billie Archer †
- Mar 14 Louise Mitera
- Mar 15 Richard Yanta † (9AM)
- Mar 15 For the Parish (11AM)



HOLY FAMILY ACADEMY THEATRE

Presents:

The Twelve Dancing Princesses

A play by Dale Ahlquist

Come and watch dancing, sword fights,
and even secret chambers

Saturday March 14th at 6:30 pm

Sunday March 15th at 1:30 pm

Kattar Hall - Holy Family Academy

Admission is free – Good will offering accepted



CARMEL
PRAYER GROUP



Holy Family's Carmel Group will meet **Monday, March 9 starting at 6:30PM** downstairs in Moorman Hall. The evening consists of praying Evening Prayer together in Church, Father Dufner leading us in the study of *The Sanctifier*, a classic work on the Holy Spirit by Archbishop Luis M. Martinez, quiet prayer before the Blessed Sacrament, praying Night Prayer and then Social Time. Even if you've never come before, come for an evening of prayer, study and friendship. Praised be Jesus Christ! Now and Forever!



Pro-Life Corner

- ACCL will be providing van rides to the "40 Days for Life" prayer vigil at Regions Hospital on Weds, March 11 and Thurs, March 19. Please call Denny at 763.546.0921 to schedule your ride.
- Please remember to bring baby items and place in the bassinette for the expectant moms at Southside Life-Care Center and Robbinsdale Women's Center
- Now that the FOCA campaign has been completed, the bishops have asked us to fast and pray that our officials will protect the unborn and vulnerable
- To keep up on the latest news in the pro-life arena, visit lifesitenews.com and sign up for their daily newsletter **Quote for the week...**

"I know the plans I have in mind for you, plans to give you a future full of hope. When you look for me, you will find me."
~ Jeremiah 29:11-13

Natural Family Planning Classes

The Couple to Couple League will be offering a series of classes, for engaged and married couples, on the *Sympto-Thermal Method* of Natural Family Planning here at Holy Family Academy in the school Library. Classes begin on Thursday, March 12. Please call 612.721.3791 to register.

MINNESOTA FOOD SHARE, 2009 CAMPAIGN

Each March, **Minnesota FoodShare**, a program of the Greater Minneapolis Council of Churches, organizes Minnesota's largest drive for the hungry: **The March Campaign**. Thousands of corporations, congregations, civic groups, and individuals raise millions of pounds of food and millions of dollars to feed families who need help.

WHAT CAN WE DO?

During the **Month of March**, you are invited to bring non-perishable food items to Mass **EVERY WEEKEND** to help keep the S.T.E.P food shelves stocked. **Let's help make sure no one goes hungry!**

Minneapolis Deanery Council of Catholic Women Meeting

Please join us on Monday, March 23 at St. Charles Borromeo from 9:00AM - 2:30pm, for a day of recollection/retreat day with Franciscan, Most Reverend Father Anthony Crisoitelli, T.O.R.

Lunch will be paid for by the Altar & Rosary Society. Please call Terry Berthiaume for reservations. 952.919.3155.

ATTENTION LADIES: LAST CALL FOR BOYD'S LODGE!

This is *Last Call* to sign up for Boyd's Lodge the week end of March 20, 21 & 22. ****The cost will be approximately \$32 - \$40 per night, depending on how many ladies attend.**

****We need time to organize the cabin assignments, meals and carpooling.**

****Please call or e-mail Gina Peterson today to reserve your spot:**

Gina's cell phone: 612.600.2301 or e-mail: ginamae123@msn.com

A Catholic Credit Union

If you are a member of this parish, you are eligible for membership at Minnesota Catholic Credit Union (MCCU). MCCU is a cooperative financial institution that promotes sound financial practices mixed with values of the Catholic faith. It is a place where Catholic parishioners and Knights of Columbus feel at home. For more information, call 763.354.2826 or on the web at www.mncathcu.com

"Authentic Change in a Secular World: Conversion to Christ"

Sponsored by Catholic Parents OnLine, Featuring: Father Robert Altier
Lenten Retreat Day on Saturday, March 28, 2009

8:00AM to 2:30PM at the Church of Saint John of St. Paul. Cost \$25 per person or \$40 per married couple. Send to: Catholic Parents OnLine, P.O. Box 130815, St. Paul, 55113. For more information call 651.705.5409 or email catholicparents.org.