

Church of the Holy Family

5900 West Lake Street ✕ St. Louis Park, MN 55416

January 4, 2009

Epiphany

Reverend Thomas W. Dufner, Pastor
Reverend James Stromberg, Weekend Associate

Mass Times:

Sunday Masses 9:00AM and 11:00AM
Saturday Mass 5:00PM
Weekday Masses 8:00AM (Rosary 7:35AM)

Confessions:

Saturday 3:30PM to 4:50PM
Sunday 8:00AM to 8:50AM

Parish Office

952.929.0113

Staff:

Rev. Thomas Dufner	Pastor	ext. 15
June Kattar	Baptism/Marriage Prep.	ext. 14
Sharon Pero	Pastoral/Parish RN/Liturgist	ext. 13
Jean Prather	Coord. Elementary Religious Ed.	ext. 12
Elizabeth Brown	Confirmation Coord.	ext. 17
Kathy Vansickle	Controller	ext. 16
Bobbi Hanson	Bookkeeper	ext. 11
John Pero	Facilities Manager	ext. 20
Theresa Bakos	Secretary	ext. 10
Lynn Tomaszewski	Youth Minister	612.396.6890

Extensions:

*May he endure as long as
the sun, and like
the moon through all
generations.
He shall be like a rain
coming down on the
meadow,
like showers
watering the earth.
Blessed be the Lord,
the God of Israel,
who alone
does wondrous deeds.
And blessed forever
be his glorious name;
may the whole earth
be filled with his glory.
Amen. Amen.*

Web Address: www.hfcmn.org **Email Address:** staff@hfcmn.org

Registration in Parish:

Required for baptism and marriage. Adults 18 and over call the parish office 952.929.0113.

Marriages:

Registered parishioners must make application 6 months prior.

Baptisms:

First Sunday of the month. Must be registered parishioners. Baptism class required. Please call 3 months in advance.

Perpetual Adoration - Jim Glover 763.533.0423

Prayer Chain -Dona Marek, 9AM to 9PM 952.926.3130

STEP - Emergency Program 952.925.4899



5925 West Lake Street ✕ St. Louis Park MN 55416

Ann Coone, Principal

School Office

952.925.9193

Web Address:

www.holyfamilyacademy.cc

The Pastor's Page

Modesty Promotes Chastity

Divine Intimacy, By Fr. Gabriel of St. Mary Madalen, O.C.D

Perfect chastity presupposes an absolute dominion of spirit over matter. However, there is in us a disordered tendency toward sensible pleasure which is opposed to this dominion; even souls consecrated to God bear the treasure of chastity in earthen vessels. (2 Cor:4 - 1), in the fragile vessel of flesh, which is attracted by satisfactions of the senses. The vow of chastity does not remove these tendencies; consequently, it does not dispense us from continual vigilance. "One who makes a vow to God of perfect chastity must struggle by prayer and penance, in order to preserve its integrity" (Pope Pius XII) - by prayer because no one can be chaste unless God grants it to him, by penance and mortification because the body must be subject to the spirit.

It is modesty which moderates and regulates all our actions, both interior and exterior, according to our vocation. St. Paul recommends this virtue to all Christians: "Let your modesty be known to all men" (Phil 4,5).

The more a soul aspires to the total gift of self and intimate union with God, the more its conduct must be imbued with perfect modesty-modesty of countenance, gait, gesture and manner. "Be modest in every action or conversation", St. Teresa of Avila instructs her daughters. Therefore the soul must carefully guard its sight and hearing for vain curiosity, images, and news; for these encumber it uselessly and give entrance to impressions which are not entirely pure and holy.

One who without necessity desires to see, hear, and taste everything is like a man who leaves the door of his house open to any intruder. The senses are the doors of the soul; we must guard them and not endanger the treasure of chastity.

Modesty, however, is not only a weapon of defense for chastity; it is the bulwark of the interior life. Only a soul who knows how to guard the senses is capable of recollecting itself interiorly in order to live in intimacy with God. By detaching the senses from earthly things, modesty concentrates and fixes them on God. Only one who loves God very much can impose such a discipline on himself.

On MONDAY, January 12, 2009 it will be time to take down the Christmas decorations.

Can you help?

We'll begin at 9:00AM and continue until we're finished.

If you have questions, call Sharon at 952.929.0113, otherwise, just show up on **Monday morning, Jan. 12th.**

FOOD COLLECTION

DATES !

for the Needy and S.T.E.P.

January 17/18, 2009

HealthBoard Meeting:

**WED., January 21, 2009 at 8:30
in the Gathering Place.**

Dear Parishioners,

Please consider participating in our annual *Holy Family Academy Adopt-a-Student Program*. This program is designed to help parish families with tuition during times of financial need and hardship. Over the last few years our **Adopt-a-Student** Program has truly made a difference in the lives of our school families. Your gift will enable a child to continue their growth in faith, wisdom, virtue, and knowledge while becoming a next generation Catholic leader. All gifts, regardless of size, are needed and will be greatly appreciated! To donate, please mail your tax-deductible contribution to:

**Holy Family Academy,
5925 West Lake Street
St. Louis Park, MN 55416.**

*Thank you for considering this
very worthy cause.*

*Your generosity will be
remembered in the prayers of
the students and families of
Holy Family Academy.*

Fundamentals of Catholicism

A Course on the Catholic Faith

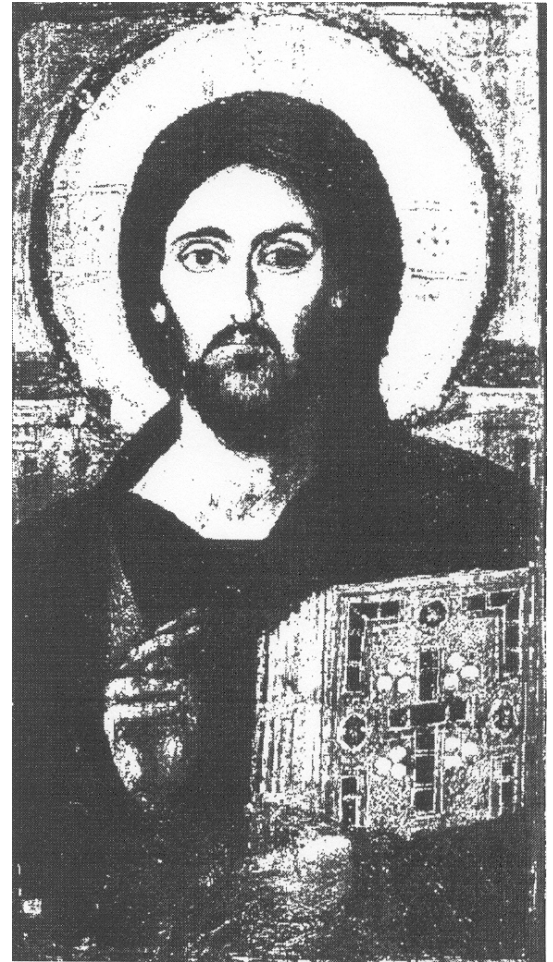
Taught by Father Thomas Dufner

Holy Family Catholic Church

5900 W. Lake Street, St. Louis Park, MN 55416

Sign up for classes 952-929-0113

No Charge for Classes.



Classes begin at 7:00 p.m. Tuesday Nights

Jan.	13	God: Supreme Being and Blessed Trinity
Jan.	20	Creation and Original Sin
Jan.	27	Jesus Christ: God and Man
Feb.	3	The Church
Feb.	10	Mary
Feb.	17	Divine Revelation
Feb.	24	Grace and the Divine Life
Mar.	3	Sacraments
Mar.	10	Sacraments
Mar.	17	General Principles of Morality
Mar.	24	Commandments
Mar.	31	Easter Vigil: Baptism/Reception into Full Communion

References to the *Catechism of the Catholic Church*:

N. B. Paragraph number are referenced first, then the page number in parentheses.

God: Supreme Being and Trinity:	26-49 (13-18); 199-278 (54-73); 683-747 (179-196).
Creation and Original Sin:	279-421 (73-105); 988-1065 (258-276); 1691-1748 (421-433).
Jesus Christ: God and Man:	422-483 (106-121); 512-682 (129-178).
Grace and the Divine Life	1987-2029 (481-490).
Church:	748-959 (179-250).
Mary:	484-511 (122-128); 964-975 (251-254).
Divine Revelation:	50-141 (19-38).
Sacraments:	1113-1134 (289-293) 1210-1666 (311-415) 1846-1876 (452-458)
Grace and the Divine Life:	1803-1845 (443-452) 1949-2029 (473-490)
General Principles of Morality	1749-1802 (433-442) 1877-1986 (459-481)
The Mass:	1066-1112 (277-277) 1135-1209 (294-310)

Suggested Readings:

The Bible: Any Catholic Edition.

Catechism of the Catholic Church (Libreria Editrice Vaticana, 1997)

Hardon, John A., S.J. *The Catholic Catechism* (New York: Doubleday, 1975)

Leo J. Trese *The Faith Explained* (Princeton: Scepter, 2000)

Internet Sites of Interest:

newadvent.org

catholicexchange.com

vatican.va

✧ Weekly Calendar of Events ✧

Sunday, January 4 ~ Epiphany

Food Drive

- 8:00 am** Confessions
- 9:00 am** Mass
- 11:00 am** Mass

Monday, January 5

- 8:00 am** Mass
- 8:30 am** Exercise Class (Gathering Place)
- 3:00 pm** WOW Holy Hour (Adoration Chapel)
- 7:00 pm** Opus Dei (Church & Moorman Hall)

Tuesday, January 6

- 8:00 am** Mass
- 10:00 am** Goodtimers 500 Club (Gathering Place)
- 7:30 pm** Opus Dei (Church & Moorman Hall)

Wednesday, January 7

- 8:00 am** Mass
- 8:30 am** Coffee & Rolls
- 9:00 am** Quilting
- 11:45 am** Exercise Class (Moorman Hall)
- 5:15 pm** Kids Praise Too!
- 6:30 pm** Confirmation (Moorman Hall)
- 6:30 pm** HFC (School)

Thursday, January 8

- 8:00 am** Mass
- 12:00 pm** St. Monica's Bridge (Gathering Place)

Friday, January 9

- 8:00 am** Mass
- 8:30 am** Exercise Class (Gathering Place)

Saturday, January 10

- 6:30 am** Holy Name Society (Gathering Place)
- 10:00 am** Rosaries for Life (Robbinsdale)
- 2:30 pm** Baptism Class
- 3:30 pm** Confessions
- 5:00 pm** Mass

Sunday, January 10

- 8:00 am** Confessions
- 9:00 am** Mass
- 11:00 am** Mass

Monday, January 11

- 8:00 am** Mass
- 8:30 am** Exercise Class (Gathering Place)
- 3:00 pm** WOW Holy Hour (Adoration Chapel)
- 6:30 pm** Carmel (Church & Moorman Hall)

Tuesday, January 12

- 8:00 am** Mass

Wednesday, January 13

- 8:00 am** Mass
- 8:30 am** Coffee & Rolls
- 9:00 am** Quilting
- 11:45 am** Exercise Class (Moorman Hall)
- 5:15 pm** Kids Praise Too!
- 6:30 pm** Confirmation (Moorman Hall)
- 6:30 pm** HFC (School)

To Holy Family parish:

On behalf of the family of Patricia Funk, I would like to thank everyone who was involved with my Mom's funeral Mass. Thank you Father Dufner for telling the stories about my Mom; they were so nice to hear. Thank you to the choir for the beautiful music. To Sharon a big thanks for helping us through this difficult time. Finally to those who put together the funeral lunch, it was wonderful. God Bless you all, and again Thank You.

Cindy Niemann

WORLDWIDE MARRIAGE ENCOUNTER

Catholic Worldwide Marriage Encounter weekend, attend a weekend and learn how to turn your good relationship into a great marriage! February 6th-8th at Kings House in Buffalo. For more info call 612.840.7630 or visit our web site at www.wwmesection8.org/.

READINGS FOR THE WEEK

Monday: 1 Jn 3:22 — 4:6; Mt 4:13-17, 23-25
Tuesday: 1 Jn 4:7-10; Mk 6:34-44
Wednesday: 1 Jn 4:11-18; Mk 6:45-52
Thursday: 1 Jn 4:19 — 5:4; Lk 4:14-22a
Friday: 1 Jn 5:5-13; Lk 5:12-16
Saturday: 1 Jn 5:14-21; Jn 3:22-30
Sunday: Is 42:1-4, 6-7 or Is 55:1-11; Ps 29 or Is 12:2-6; Acts 10:34-38 or 1 Jn 5:1-9; Mk 1:7-11

SAINTS AND SPECIAL OBSERVANCES

Monday: St. John Neumann
Tuesday: Blessed André Bessette

Holy Family Weekly Offering

December 24/25

Regular Envelopes	\$ 21,111.00
Plate	\$ 8,443.46
Care Fund	\$ 1,082.66

December 27/28

Regular Envelopes	\$ 24,317.98
Plate	\$ 2,473.76
Care Fund	\$ 787.70

Thank You For Your Generosity!

Mass Intentions for the Week

Jan	5	Angela Mary Bureau †
Jan	6	Clara Doherty †
Jan	7	Helen Elliott †
Jan	8	Judie Sanders †
Jan	9	Agnes Doyle †
Jan	10	Rebecca Longtin
Jan	11	Molly Tadich † (9AM)
Jan	11	For the Parish (11AM)



Carmel Prayer Group



Holy Family's Carmel Group will meet **Monday, January 12 starting at 6:30PM** downstairs in Moorman Hall. The evening consists of praying Evening Prayer together in Church, Father Dufner leading us in the study of *The Sanctifier*, a classic work on the Holy Spirit by Archbishop Luis M. Martinez, quiet prayer before the Blessed Sacrament, praying Night Prayer and then Social Time. Even if you've never come before, come for an evening of prayer, study and friendship. Praised be Jesus Christ! Now and forever!

YOUTH MINISTRY

YOUTH ADORATION w/ FR. DUFNER

Friday, January 9th—We meet at 8PM at the Adoration chapel for one hour of prayer with Jesus, then at 9PM we head over to the Rectory for one hour of fun until 10PM!

LIFELINE

Saturday, January 10th— "**Duc In Altum!**" (Launch into the Deep!) Mark your calendar now and plan to launch into the deep with great music, a vibrant Mass and "going deeper" breakouts for teens and parents alike. Whether you are new to Lifeline or a "regular", plan to have your faith awakened, strengthened and renewed as a young apostle of Jesus Christ. Breakouts Include:

- *You Got to Believe: Igniting Your Faith Life
- *Dignity, Destiny, Decisions (Ladies Only)
- *P&W 101: Going Deeper in Worship
- *For parents and adults ONLY: Keeping Your Kids Catholic

Leave Holy Family at 4PM and return around 10PM. Call Jim & Sue Holly to sign up, 763.541.9842.

THEOLOGY A LA CARTE

Sunday, January 18th—The topic is —"What is my vocation?" our speaker is Fr. Scott Carl from the St. Paul Seminary! We start at 6PM with food and fun, listen to the speakers, and end with some Q&A and wrap up at 8PM. It's all happening at the Youth House.

GIRL'S NIGHT!

Sunday, January 25th—Want a fun night with the girls?! Then come to the Youth House, 6:30-8:30PM! We will have some dinner, listen to our speaker Rose Barrett talk about doing God's will, and end the night with some fun games! Come enjoy some food, fun and bonding with other Catholic young women!

Healing Mass

There will be a healing Mass on Friday, January 9 at 7:30PM at Holy Name of Jesus in Wayzata. Father Don Piche will be the celebrant. Father Piche is from the Archdiocese of St. Paul & Minneapolis. The rosary will begin at 7:00PM. Seating for the handicapped is available. Fellowship will follow. For more information, call Teresa at 763.553.1343.

HOSPITAL AND HOMEBOUND VISITATION:

Please notify the parish office when;

** a parishioner is hospitalized.

**a homebound parishioner desires Holy Communion.

S.O.S.

YOUR HELP IS NEEDED!

Due to a medical situation, a parishioner in St. Louis Park is in need of assistance with laundry. In order to make light work of the task, I'm looking for two, three, or more people to form a "laundry pool" to pick up and drop off the laundry on **probably** a weekly basis.

If you're able to help, please call Sharon at 952.929.0113 Ext. 13 for more details.

MESSAGES from your HOLY FAMILY HEALTH BOARD

The Holy Family Exercise Program is conducted by a **Certified Fitness Instructor**, and is held every **Wednesday at 11:45AM in Moorman Hall. EVERYONE is welcome!** Don't put it off . . . come join us and reap the many benefits of exercise. (The cost is \$5.00 per session)
TAKE ADVANTAGE OF THIS HEALTHY BENEFIT OFFERED RIGHT HERE AT HOLY FAMILY! Questions? Call Sharon 952.929.0113 Ext. 13

Pro-life Corner



Encouraging Words

"After tens of millions of [abortion] procedures, has America lost anything? Another Edison, perhaps? A Gershwin? A Babe Ruth? A Duke Ellington? ... As it is, we will never know what abortion has cost us all."

Joseph Sobran, editorial columnist

Did You Know?

Planned Parenthood was founded in 1916 by Margaret Sanger, a social radical and proponent of eugenics. Selective breeding, she said, was necessary to control those who were "unfit to breed," and that if minorities had high birth rates, "economic turmoil" would result. Today over two-thirds of all abortion centers are located in minority communities.

Black Americans for Life, March 1999