



# Church of the Holy Family

5900 West Lake Street ✕ St. Louis Park, MN 55416

## April 12, 2009

*Easter Sunday*

**Reverend Thomas W. Dufner, Pastor**  
**Reverend James Stromberg, Weekend Associate**

**Mass Times:**

**Sunday Masses** 9:00AM and 11:00AM  
**Saturday Mass** 5:00PM  
**Weekday Masses** 8:00AM (Rosary 7:35AM)

**Confessions:**

**Saturday** 3:30PM to 4:50PM  
**Sunday** 8:00AM to 8:50AM

**Parish Office**

**952.929.0113**

**Staff:**

Rev. Thomas Dufner	Pastor	ext. 15
June Kattar	Baptism/Marriage Prep.	ext. 14
Sharon Pero	Pastoral/Parish RN/Liturgist	ext. 13
Jean Prather	Coord. Elementary Religious Ed.	ext. 12
Elizabeth Brown	Confirmation Coord.	ext. 17
Kathy Vansickle	Controller	ext. 16
Bobbi Hanson	Bookkeeper	ext. 11
John Pero	Facilities Manager	ext. 20
Theresa Bakos	Secretary	ext. 10
Lynn Tomaszewski	Youth Minister	<b>612.396.6890</b>

**Extensions:**

**Web Address:** [www.hfcmn.org](http://www.hfcmn.org) **Email Address:** [staff@hfcmn.org](mailto:staff@hfcmn.org)

**Registration in Parish:**

Required for baptism and marriage. Adults 18 and over call the parish office 952.929.0113.

**Marriages:**

Registered parishioners must make application 6 months prior.

**Baptisms:**

First Sunday of the month. Must be registered parishioners. Baptism class required. Please call 3 months in advance.

**Perpetual Adoration** - Jim Glover **763.533.0423**

**Prayer Chain** -Dona Marek, 9AM to 9PM **952.926.3130**

**STEP** - Emergency Program **952.925.4899**



5925 West Lake Street ✕ St. Louis Park MN 55416

**Ann Coone, Principal**

**School Office**

**Web Address:**

**952.925.9193**

**[www.hfamn.org](http://www.hfamn.org)**

*Blessed is he  
who comes in the name  
of the Lord;  
we bless you from the  
house of the Lord.  
The Lord is God, and he  
has given us light.  
Join in procession with  
leafy boughs up to the  
horns of the altar.  
You are my God,  
and I give thanks to you;  
O my God, I extol you.  
Give thanks to the Lord,  
for he is good; for his  
kingdom endures forever.*

*Psalm 118*

## *The Pastor's Page*

### *Easter Greetings !!!*

On behalf of Fr. Stromberg, Fr. Moorman, and all the Staff, I want to wish each of you a happy and joyful Easter!

Where does our Easter Joy come from? Today we celebrate resurrection of Jesus Christ, his triumph over sin and death! These two evils, sin and death, have been inextricably linked since the Fall of Adam and Eve. Because of the Original Sin, each of us inherits a wounded nature inclined to sin. Our lack of integration leads to the ultimate disintegration which is death, "for you are dust, and unto dust you shall return." St. Paul sees that same causal link when he says, "The wages of sin is death."

Yet "God loved the world so much he gave us his only Son!" Jesus came to redeem us: he paid the price of our sins, atoning for our offences against the Almighty God. He accepted the death our sins deserved. In his own flesh he conquered both sin and death, first by never sinning, and then by rising from the dead!

Easter joy belongs to each of us as well as we put our Faith in our risen Lord. We renew our baptismal commitment when we first renounced Satan, died to sin, and put on the Lord Jesus Christ. For forty days we continued this death to ourselves through prayer, fasting, and almsgiving, as we struggled to overcome our sins. The victories we won this Lent, even though small perhaps, give us a foretaste of the Joy of the Resurrection!

But that is not all. We believe not only in the Lord's resurrection, but in our own! St. Paul says, "If we have died with him, we will also rise with him!" On the last day, we too shall rise from the dead! All who have died to themselves, died to their sins, who have struggled to love God and neighbor more than themselves, will rise gloriously on the last day! Our bodies will be immortal, youthful, and glorious! We will never suffer again. God will wipe away every tear. If that weren't enough, scripture promises "a new heaven and a new earth" where we will live forever! We were never meant to be disembodied souls in heaven. That will change at the resurrection.

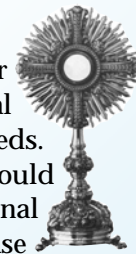
Today, then, we share the Easter Joy of our risen Lord, longing for the day when the fullness of Easter Joy will be ours.

Rev. Thomas W. Dufner



## ADORATION NEWS

Thank you for responding to our appeal to fill some urgent needs. However, many hours could still use an additional "Prayer Partner". Please consult the schedule on the Adoration Bulletin Board (in the hall by the elevator) to see which hour might fit your schedule. Thank you, Jim Glover 763.533.0423



## 13th Annual

### Catholic Servant Spring Benefit Monday, April 27

Bishop Robert Carlson of the Diocese of Saginaw (MI) will give the keynote address at the 13th Annual *Catholic Servant Spring Benefit Banquet*, Monday, April 27, 2009. The event will be held in Rowan Hall at St. Helena Church, 3204 East 43rd Street in Mpls. The program will also honor Pete and Diane Welvang, owners of Leaflet Missal religious goods store, with the *Pope John Paul II Catholic Servant of the Third Millennium Award*. The evening begins at 6 p.m. with a social/silent auction, followed by a catered dinner and program. Tickets are \$100. Register by April 23 by calling 763.502.0792.

## SOUTHSIDE LIFE CARE CENTER

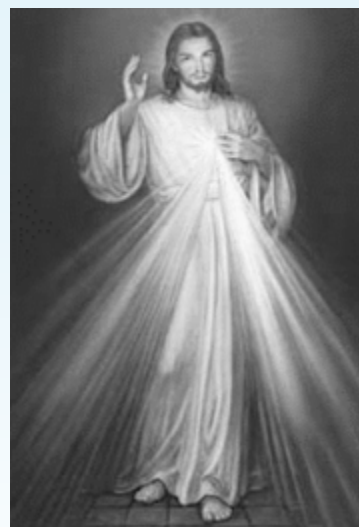
needs diapers and baby clothes to help our South Minneapolis women and children in crisis. Please consider donating size 4, 5 and 6 diapers. We can always use gently used baby outfits, especially infant boy clothes size 0 to 3 months, socks for infants through 3 years, and onesies for 0 to 12 month olds. We also need baby equipment and cribs. Donations are accepted from 9 to 3 Monday, Wednesday, and Thursday at Southside Life Care Center, 4105 Chicago Ave. S., Mpls. 55407. Go around to the back and ring the doorbell. Call 612.823.0301 to set up a tour with Kimberly or Maureen.

Holy Family Catholic Church

# Divine Mercy Celebration

Saturday, April 18

Beginning at 3pm



3pm - **The Blessed Sacrament is exposed.** We will pray the **Chaplet of Divine Mercy**

3:10pm - **Stations of the Cross**

*“Try your best to make the Stations of the Cross in this hour, provided that your duties permit it...”* (Diary of Saint Faustina, entry #1572)

3:30pm - **Confessions begin**

3:30pm - **Talk by our special guest: Father Samuel Medley, SOLT**

3:50pm - **Meditations from the Diary of Saint Faustina**

4:20pm - **Rosary** with short meditations from Diary

4:45pm - **Holy Family Adult Choir** - Prelude selections

5pm - **Mass** - Father Thomas Dufner - main celebrant, Father Sam Medley, SOLT - guest homilist

6pm - **Veneration of St. Faustina’s relic in Church**

6pm - **Dinner in Moorman Hall.** The dinner is catered by Olive Garden Restaurant (with our famous “Divine Mercy egg rolls” as appetizers!) RSVP to Theresa if you will be attending dinner. Free will offering. **RSVP necessary to attend! 952-929-0113**



We are delighted to welcome Father Sam Medley, SOLT as our guest speaker on Divine Mercy weekend. Father Medley says this:

*“If you asked me when I was a kid what I thought a happy life would be, I don't think I would say to become a Religious missionary. Yet it is impossible for me to express in human words how happy, peaceful, adventurous, exciting, fulfilled, and satisfying my life is as a Religious missionary. I can truly say with Mother Mary, “the Lord who is mighty has done great things for me” (Lk 1:49).*

*I was born in Minneapolis where I went to school, graduating from the University of Minnesota. In college, I had a plan to settle down, get married, have kids, and a job. Then something happened. I experienced a real living encounter with the person of Jesus Christ, who is very much alive and very much wants to be with me...”*

***Come to our Divine Mercy Celebration and hear the rest of the story!***

## ✠ Weekly Calendar of Events ✠

**Sunday, April 12 ~ Easter Sunday**

9:00 am Mass  
11:00 am Mass

**Monday, April 13 ~ Easter Monday**

*Parish Office Closed*

8:00 am Mass  
8:30 am Exercise Class (Gathering Place)  
3:00 pm WOW Holy Hour (Adoration Chapel)

**Tuesday, April 14**

8:00 am Mass  
7:00 pm Knights of Columbus (GP)

**Wednesday, April 15**

8:00 am Mass  
8:30 am Coffee & Rolls  
9:30 am Quilting  
11:45 am Exercise Class (Moorman Hall)  
5:15 pm Kids Praise Too!  
6:30 pm Confirmation (MH)  
6:30 pm HFC

**Thursday, April 16**

8:00 am Mass  
12:00 pm St. Monica's Bridge  
7:00 pm Choir

**Friday, April 17**

8:00 am Mass  
8:30 am Exercise Class (Gathering Place)

**Saturday, April 18 ~ Divine Mercy**

6:30 am Holy Name Society (Gathering Place)  
10:00 am Rosaries for Life (Robbinsdale)  
3:00 pm Divine Mercy Celebration  
3:30 pm Confessions  
5:00 pm Mass  
6:00 pm Dinner in Moorman Hall to those who have RSVP'd (see bulletin insert for details)

**Sunday, April 19**

8:00 am Confessions  
9:00 am Mass  
11:00 am Mass

**Holy Family men and women...**we are in need of several ushers to fill spots that have been vacated by some of our faithful regulars. The time commitment is minimal and can be flexed to accommodate busy seasonal schedules. Overall as few as a dozen hours a year would be a tremendous help to the current ushers. Please give it consideration. For additional information call 952.200.6205. Dan Tomaschko

### HOSPITAL AND HOMEBOUND VISITATION:

Please notify the parish office when;  
\*\* a parishioner is hospitalized.  
\*\*a homebound parishioner desires Holy Communion.

### Wills and Bequests

*Have you remembered Holy Family for 10% of your estate?  
When you do, our legal corporate title is:  
"Church of the Holy Family of St. Louis Park, Minn."*



### Marriage Banns I

*Kevin McCuker and Gina O'Neil*



### Baptism

*Isaac James Larkin*



### Funeral

*Gregoria Rameriez*



### ALTAR & ROSARY SOCIETY NEWS

Ladies, we are sorry to report that we won't be able to offer the tea this year. While we have had some response to our plea for help, the fact that Confirmation and the Archdiocesan Men's Conference are both on April 25<sup>th</sup>, will likely impact helpers and attendees. For these reasons we need to cancel the tea for this year. Thanks for understanding. Please mark your calendars for our Spring Meeting on Tuesday, May 19.

### READINGS FOR THE WEEK

**Monday:** Acts 2:14, 22-33; Mt 28:8-15  
**Tuesday:** Acts 2:36-41; Jn 20:11-18  
**Wednesday:** Acts 3:1-10; Lk 24:13-35  
**Thursday:** Acts 3:11-26; Lk 24:35-48  
**Friday:** Acts 4:1-12; Jn 21:1-14  
**Saturday:** Acts 4:13-21; Mk 16:9-15  
**Sunday:** Acts 4:32-35; Ps 118; 1 Jn 5:1-6; Jn 20:19-31

### ATTENTION PARISHIONERS

All registered parish members receive contribution envelopes in the mail. Please use these envelopes for your contributions or write your envelope number on your check. Your envelope number is above your name. All loose checks without an envelope number will be put into the plate collection and will not appear as a contribution on your year end statement.

### Holy Family Weekly Offering

Regular Envelopes	\$21,324.00
Plate	\$ 2,537.00
Care Fund	\$ 1,037.62

*Thank You For Your Generosity!*

### Mass Intentions for the Week

Apr 13 Mark (Matt) Yannie †  
Apr 14 Muriel Kowalsky †  
Apr 15 David Hoium †  
Apr 16 Mae Gaspard  
Apr 17 Anna Logan †  
Apr 18 Jim Stafki  
Apr 19 For the Parish (9AM)  
Apr 19 HFC Teachers (11AM)



# **SENIORS and DEPRESSION...IT'S OKAY TO TALK ABOUT IT!**

(Sponsored by the Holy Family Health Board)

**Tuesday, April 28, 2009      7:00 P.M. Moorman Hall**  
**Wednesday, April 29, 2009      9:30 A.M. Moorman Hall**

Mark your calendars and plan to attend one of these informative presentations. **EVERYONE** is invited!

## **What is Depression?**

Everyone occasionally feels blue or sad, but these feelings are usually fleeting and pass within a couple of days. When a person has a depressive episode, it interferes with daily *life*, normal functioning, and causes pain for both the person suffering with depression and those who care about him or her. Depression is a common but serious medical illness often caused by an imbalance of chemicals in the brain. Depression is treatable!

## **What Depression is not...**

In older adults living in the U.S., depression is often overlooked and left untreated. One reason that this sometimes happens is that there are people who **incorrectly** believe that depression is a normal part of the aging process.

### **Depression is NOT a normal part of aging for anyone!**

As a result, some older adults unfortunately continue holding onto the **mistaken** belief that they have to "stay strong and tough it out." Simply put, people of all ages need to understand that telling loved ones or health care professionals about the symptoms of depression is not a sign of personal weakness or a character flaw. In fact, *telling* people that you are experiencing symptoms of depression is an extremely important first step to getting help...and getting better.

## **Participants will receive information about:**

- Depression, its causes and triggers
- Understanding the types of depression
- Methods of determining whether a person is suffering a depressive episode
- Resources that can provide help with depression
- Depression as it relates to seniors and the special needs this group manifests

# **SENIORS and DEPRESSION...IT'S OKAY TO TALK ABOUT IT!**

Plan to attend one of these informative workshops!

## **R.S.V.P. REQUESTED!**

If you plan to attend one of the "Seniors and Depression" workshops, please R.S.V.P. the Church Office with that information so I can prepare enough informational booklets. Thank you, Sharon

## **Youth Ministry**

**GIRL'S NIGHT! Sunday, April 19<sup>th</sup>**- Want a fun night with the girls?! Then come to the Youth House, 6:30-8:30PM! We will have some dinner, play games and be girls! Come enjoy some food, fun and bonding with other Catholic young women!

**THEOLOGY A LA CARTE Sunday, April 26<sup>th</sup>**-The topic is -"The Eucharist: the Antidote for the Hard of Heart " and our speaker is Tony Biese. We start at 6 pm with food and fun, listen to the speakers, and end with some Q&A and wrap up at 8PM. It's all happening at the Youth House.

The Archdiocesan Outreach to Persons with DisAbilities is conducting two Spring Retreats for Adults and Adolescents that are Mentally Challenged. The dates are April 17 - 19. The retreat will be held at Totino-Grace Renewal Center in Fridley, MN. The cost is \$140.00. Space is limited, so please register early!! To register, contact Deacon Sean and Joan Curtan at 651.291.4543 or email: [curtans@archspm.org](mailto:curtans@archspm.org).

## **MESSAGES from your HOLY FAMILY HEALTH BOARD**

The Holy Family Exercise Program is conducted by a Certified Fitness Instructor, and is held every Wednesday at 11:45AM in Moorman Hall. EVERYONE is welcome! Don't put it off . . . come join us and reap the many benefits of exercise. (The cost is \$5.00 per session)

**TAKE ADVANTAGE OF THIS HEALTHY BENEFIT OFFERED RIGHT HERE AT HOLY FAMILY!** Questions? Call Sharon 952.929.0113 Ext. 13

## **ARCHDIOCESAN**

## **MEN'S CONFERENCE**

Join men from all over the Archdiocese on April 25 from 8:30AM to 2:30PM for a day of fellowship and learning at the University of St. Thomas Fieldhouse. Speakers for the day include: Tim Staples, former Baptist, now an apologist for Catholic Answers, James Stenson author of several books on discipline and parenting, Father Thomas Knoblach will speak on the power of virtue to overcome vice and Danny Abramowitz will speak on being a leader in the culture around us. As part of this wonderful day Mass will be celebrated by Archbishop John Neinstedt. Cost is \$25 which includes the cost of lunch.

Sponsored by the Archdiocesan Office for Family, Laity, Youth and Young Adults. Call 651.291.4488 or on the web at [www.archspm.org/family](http://www.archspm.org/family).